



A Policy E-Brief from:
AfPA's Health Policy Council
Challenging Step Therapy

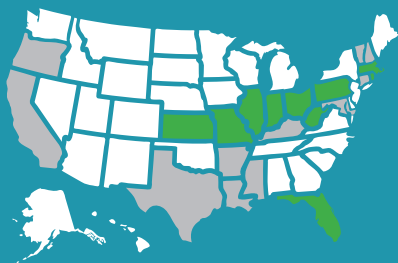


STATE ACTIVITY

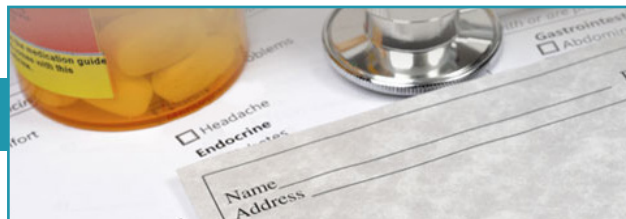
Earlier this year, Indiana Governor Mike Pence signed into law a bill restricting the use of step therapy — following in the footsteps of California, Maryland, New Hampshire and other states that have tackled the issue. West Virginia quickly followed suit.

The map below shows in gray the states that have passed step therapy laws to date. In green are the states that introduced step therapy legislation during this session, which include:

- Florida
- Illinois
- Indiana
- Kansas
- Massachusetts
- Missouri
- Ohio
- Pennsylvania
- Rhode Island
- West Virginia.



Step therapy, also known as “fail first,” occurs when insurers require patients to first try and fail on an inexpensive therapy before gaining access to the drug prescribed by their physician. Widely viewed as a barrier to physician-led health care, step therapy is among several health plan tools that cut costs at the expense of patient health — and the physician-patient relationship. This year, several states are fighting back.



RESOURCES

UNDERSTANDING STEP THERAPY



INDIANA TACKLES STEP THERAPY



HOW DOES STEP THERAPY IMPACT PATIENTS AND PHYSICIANS?

