



PCSK9 Inhibitors: Texas

PCSK9 Inhibitors

PCSK9 inhibitors are designed for patients with extremely high LDL, or “bad,” cholesterol. The drugs work by preventing the PCSK9 protein from destroying a receptor on the liver that clears bad cholesterol. The receptor “lives” longer, clearing more LDL cholesterol for the patient.

PCSK9 inhibitors are approved by the Food and Drug Administration to treat:

- **Heterozygous familial hypercholesterolemia**, an inherited condition that causes high levels of LDL cholesterol
- **Clinical atherosclerotic cardiovascular disease**, such as heart attacks or strokes.

Analysis of Health Plan Coverage & Access

A national data supplier reviewed PCSK9 inhibitor claims for managed care organizations in Texas from July 30, 2015 to July 21, 2016.

Key Texas Findings



Rejection Rate:

46%



Total rejections:

2,877



Total appeals:

745

Of health plans that received at least 50 claims for PCSK9 inhibitors, the following had **the highest rates of rejections:**

Federal Employee Benefit Plan **91%** | Express Scripts **73%**
Teacher Retirement System of Texas TRS **64%** | Wellcare Management Group **61%**

The following had **the lowest rates of rejection:**

Rite Aid **34%** | Humana Health Plan **31%**
Tricare Military Health SVC SYS **31%** | Aetna US Healthcare **28%**

The following table details claims data for the Texas managed care organizations that received at least 50 claims for PCSK9 inhibitors.

MANAGED CARE ORGANIZATION	Rejection %	Total Claims	Approvals	Rejections	Reversals
Federal Employee Benefit Plan	91.67%	108	7	99	2
Express Scripts	73.08%	260	61	190	9
Teacher Retirement System of Texas TRS	64.32%	199	61	128	10
Wellcare Management Group	61.67%	60	12	37	11
Employees Retirement System of Texas ERS	61.26%	111	39	68	4
United Health Group	56.44%	877	267	495	115
Cigna Healthcare	53.48%	316	109	169	38
CVS Health	52.45%	429	153	225	51
Health Care Services Corporation HCSC	42.90%	655	296	281	78
Rite Aid	34.91%	106	56	37	13
Tricare Military Health SVC SYS	31.79%	173	97	55	21
Humana Health Plan	31.04%	1453	710	451	292
Aetna US Healthcare	28.39%	782	453	222	107

Data source: National data supplier; Medicare, Medicaid managed care and commercial plans; July 30, 2015-July 21, 2016.



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